



VIDYA BHARATI MAHAVIDYALAYA AMRAVATI

NAAC Re-accredited with Grade "A"(CGPA 3.23-Third Cycle) | CPE Status (Thrice) by UGC
Mentor College under Paramarsh Scheme by UGC
'Lead College' by S.G.B. Amravati University, Amravati.

7.1.1 Specific Facilities for Women in the Campus



VIDYA BHARATI MAHAVIDYALAYA AMRAVATI

NAAC Re-accredited with Grade "A" (CGPA 3.23-Third Cycle) | CPE Status (Thrice) by UGC

Mentor College under Paramarsh Scheme by UGC

'Lead College' by S.G.B. Amravati University, Amravati.

CONTENTS

Sr. No.	Name of the facility
a.	Safety and security
1	24 X 7 Security guard
2	24 X 7 CCTV surveillance
3	Compound wall
4	On campus nationalized bank ATM
5	Pratibha ladies hostel
6	Separate parking lots for girls
b.	Counseling centre
1	Psychology Lab
2	Pratibha Women's Studies Centre
c.	1 Common room for girls
2	Sanitary napkins vending machine
d.	1 Any other relevant information
	1. Seminar on 'Women's strength and Power under the shield of law'
	2. Free Rubella Vaccination Camp
	3. Workshop on "Yogmudra for Stress Management"

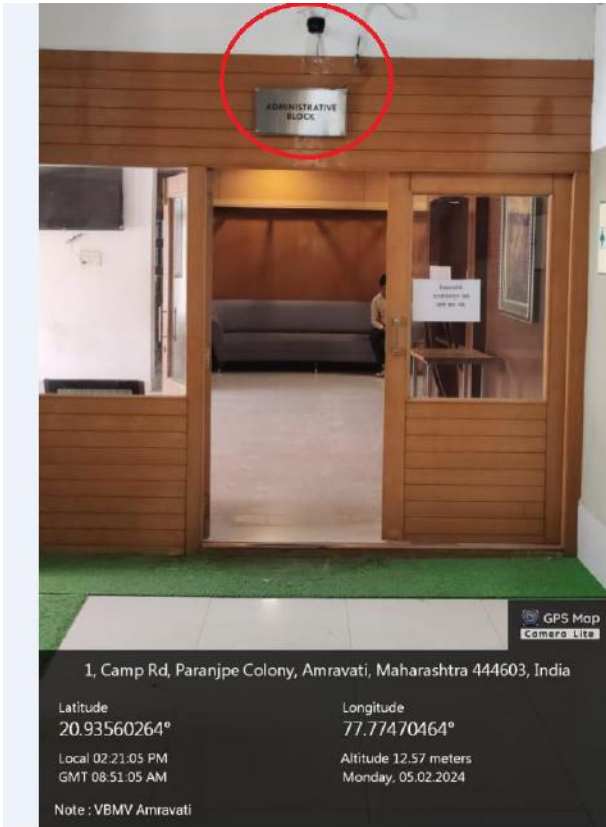
a. Safety and Security

1. 24 X 7 Security guard:



Security guard verifying Identity Card and Inward outward register at the Gate

2. 24 X 7 CCTV Surveillance in the Campus:



CCTV under the supervision of superintendent

3. Compound Wall



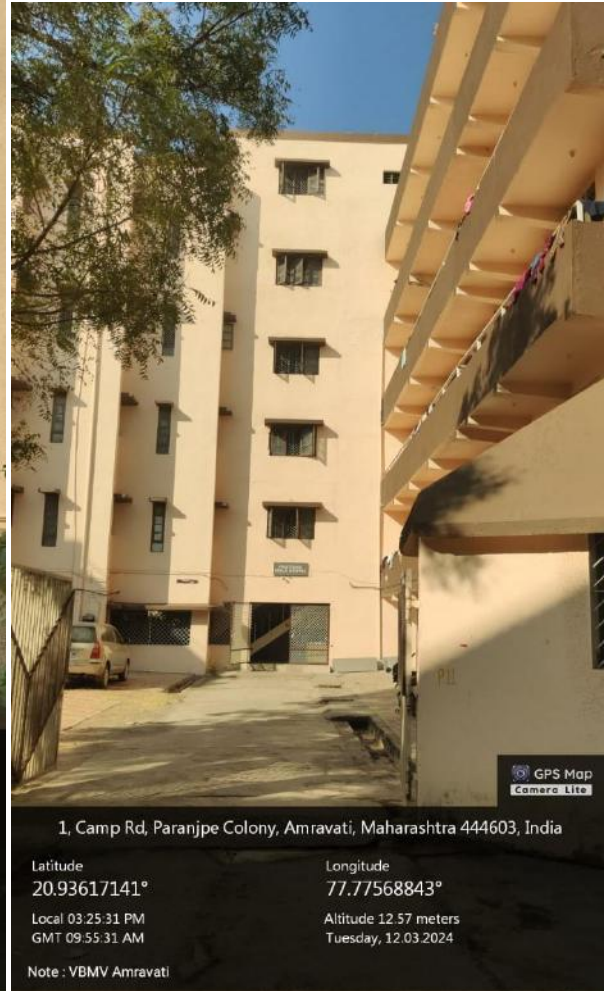
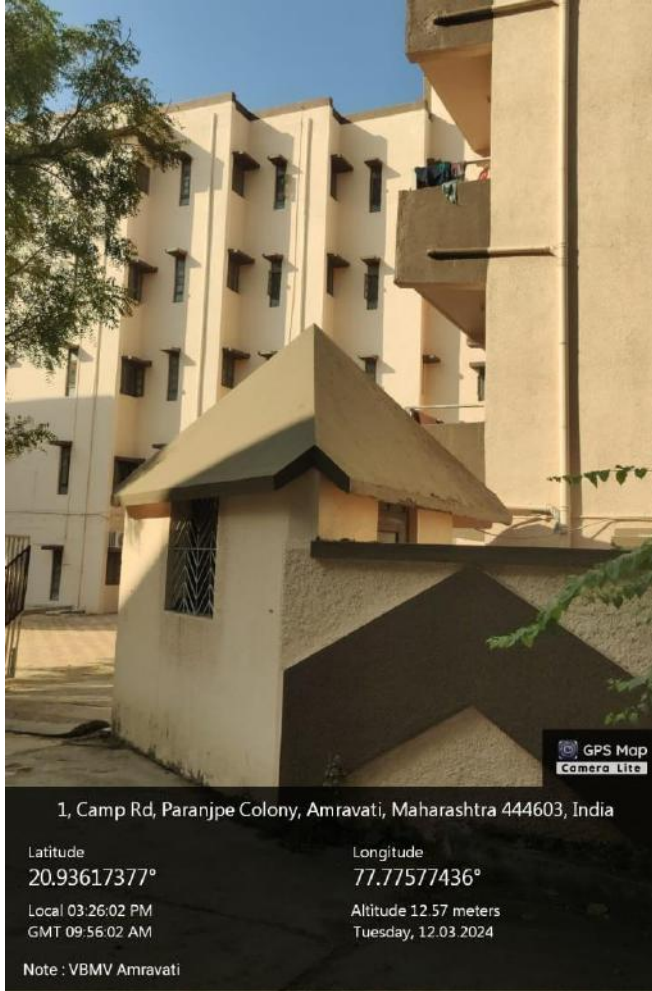
Safety compound walls around the campus

4. On campus Nationalized Bank ATM



Maharashtra Bank ATMs on the campus

5. Pratibha Ladies Hostel



Pratibha Ladies Hostel for the girl students from the rural areas

6. Separate Parking Lots



Separate parking lots for girls to make parking easier and keep vehicle safely

b. Counseling Centre

1. Psychology Lab



Dr. S. D. Wakode, Professor, Department of Psychology while counseling the students

2. Pratibha Women's Studies Centre



Ms. N. N. Kakkure, Counseling the students under Pratibha Women's Study Centre

c. Common Room

1. Girls Common Room



1, Camp Rd, Paranjpe Colony, Amravati, Maharashtra 444603

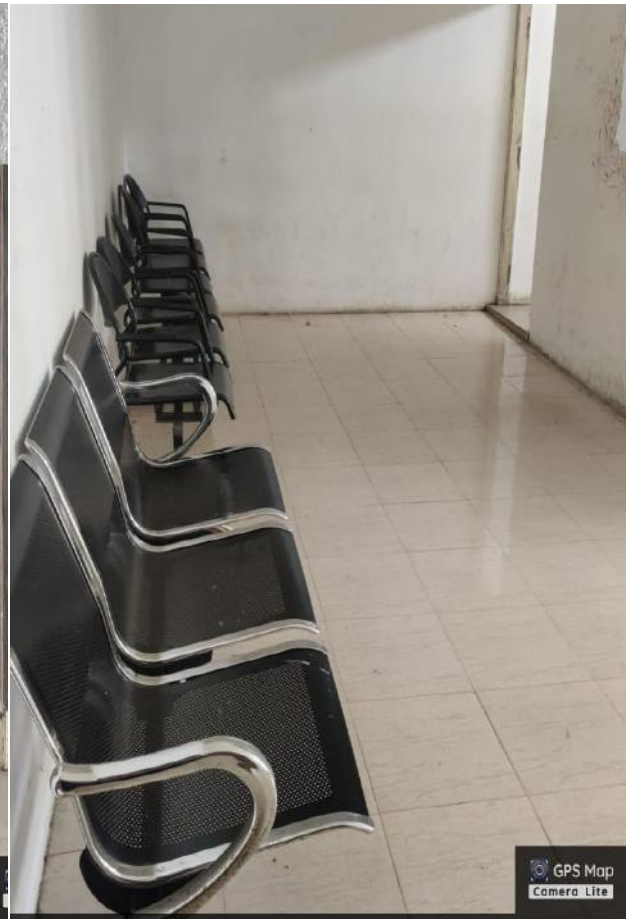
Latitude
20.9356675°

Local 03:31:42 PM
GMT 10:01:42 AM

Note : VBMV Amravati

Longitude
77.7752474°

Altitude 12.57 meters
Tuesday, 12.03.2024



1, Camp Rd, Paranjpe Colony, Amravati, Maharashtra 444603, India

Latitude
20.9356534°

Local 03:32:10 PM
GMT 10:02:10 AM

Note : VBMV Amravati

Longitude
77.7752769°

Altitude 12.57 meters
Tuesday, 12.03.2024

GPS Map
Camera Lite

Common room for girls



2. Sanitary Napkin Vending Machine



Sanitary napkins vending machine for crucial period of menstruation


d. Any other relevant information

1. Seminar on 'Women's strength and Power under the shield of law'


Sr. No.			
1.	Name of the Activity	:	Seminar on 'Women's strength and Power under the shield of law'
2.	Organized by	:	Cell to Prevent Sexual Harassment of Women and Women's Welfare Committee
3.	Collaborating Agency (If Any)	:	Department of Management and Department of Computer Application
4.	Date / Duration	:	6th April 2024
5.	Venue	:	AV Theatre, MBA Building
6.	Resource Person (If any)	:	Adv. Sapna Jadhav
7.	Activity In-charge	:	Dr. P. G. Dammani
8.	Objectives of Activity	:	<ul style="list-style-type: none">• The Seminar will enlighten and advocate for legal reforms that address pestering issues and ensure the full realization of women's rights.• To let the students know about the enacting and enforcing laws that criminalize violence against women, promote equal pay and opportunities in the workplace, and guarantee reproductive rights and healthcare.
9.	Outcome of Activity	:	Awareness regarding the most various issues of today i.e. sexual harassment at workplace wherein students got to know about the functioning of Internal Complaint Committee and punishments of such acts, they got satisfactory suggestions from the resource person.
10.	Number of Participants including Teacher & Students	:	73+5
			
	Signature of In-charge		Signature of the HOD

Pamphlet:

Prevention of Sexual Harassment at Workplace




VIDYA BHARATI MAHAVIDYALAYA, AMRAVATI
Cell to Prevent Sexual Harassment of Women
&
Women Welfare Committee



ORGANISES A SEMINAR ON


“Women’s Strength and Power under the shield of Law”



Principal
Dr. P.S. Yenkar

RESOURCE PERSON
ADV. SAPNA JADHAV

- ✓ Law degree from Government Law college, Mumbai
- ✓ In practice since 2009 at Bombay High Court Bench at Nagpur, with experience of most of special acts in criminal practice under act of IPC like MCOCA, POCSO Act, SC and ST etc.,
- ✓ Awarded with Rajya SEVA Mahila Puraskar in 2024



Principal
Dr. P.S. Yenkar

Convenor
Dr. P.G. Dammani

6th April, 11.30 am, AV Theatre, MBA Building

Vidya Bharati Mahavidyalaya, Camp, Amravati


Cell to Prevent Sexual Harassment and Women Welfare Committee

Notice 2nd April 2024

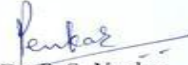
All Heads of Departments are informed that Cell to Prevent Sexual Harassment and Women’s Welfare Committee are organizing a seminar on the topic **“Legal Protective Shield (Protection of women for Sexual Harassment)”** for students on **6th April 2024, AV Theatre, MBA Building sharp at 11.30 am.**

Time: 11.30 to 1.00 P.M.

Venue: AV Theatre, MBA Building



College
Amravati



Dr. P. S. Yenkar
Principal
Vidya Bharati Mahavidyalaya

Report:

Date : 6th April 2024

Location : AV Theatre, MBA Building

Organized by: Convenor- Dr. P.G.Dammani, Cell to prevent sexual harassment and Women Welfare Committee Amravati

Introduction: The Seminar on Women's Strength and Power under the Shield of Law was organized to shed light on the legal framework aimed at empowering women and ensuring their rights and safety. Despite progress in women's rights legislation, there are persistent challenges and gaps in implementation. This seminar aimed to explore the intersection of women's empowerment and legal protection, highlighting successes, challenges, and future directions.

Seminar Objectives:

1. Examine existing laws and policies protecting women's rights.
2. Discuss challenges and barriers to the effective implementation of women-centric laws.
3. Explore strategies to enhance legal protection and empowerment for women from sexual harassment at workplace

Seminar Agenda: The seminar comprised keynote speeches, panel discussions, and interactive sessions covering various aspects of women's empowerment and legal protection.

1. Opening Session:

- Welcome address and introduction to the seminar objectives by the convenor Dr. P.G.Dammani
- Keynote speech highlighted the importance of legal frameworks in promoting gender equality and women's empowerment.

2. Interactive Session:

There was an excellent interactive session by the guest speaker Adv. Sapnaji Jadhav who highlighted and explained her views in following purview

- Examination of laws and initiatives aimed at combating gender-based violence.
- Discussion on the role of law enforcement agencies and the judiciary.
- Case studies and personal testimonies highlighting the impact of sexual harassment of women
- Empowering Women through Legal Literacy
- Understanding legal rights and procedures under POSh, POCSO and other such related schemes for women's and Girl Childs.
- Real life cases where the power and strength of the women have been exemplified and new laws were created.
- Speaker appreciated the college Internal Complaint Committee contribution towards arranging seminars and also recommended for displaying posters for awareness.

3. Closing Session:

- Summary of key insights and recommendations from the seminar were given by the host of the event Ms. Riddhi from Computer Science dept
- Call to action for participants to advocate for women's rights and contribute to positive change was made.
- Closing remarks and expressions of gratitude to speakers, organizers, and participants was proposed in vote of thanks.

Outcome and Impact: The Seminar on Women's Strength and Power under the Shield of Law provided a platform for fruitful discussions and knowledge sharing among participants. Attendees gained a deeper understanding of the legal framework surrounding women's rights and the challenges faced in its implementation. The seminar sparked conversations about the importance of collective action in advocating for gender equality and preventing sexual harassment of Women at workplace and importance of working of Internal complaint committee at the institution.

Invitation



Vidya Bharati Shaikshanik Mandal, Amravati's

VIDYA BHARATI MAHAVIDYALAYA, AMRAVATI.

C.K. Naidu Road, Camp, Amravati - 444 602. (M.S.) India

★ Re-accredited with "A" Grade by NAAC in Three Cycles Consecutively.

★ CPE Status by UGC - Thrice ★ Mentor College under Paramarsh Scheme of UGC.

★ 'Lead College by S.G.B. Amravati University, Amravati ★ ISO Certification 9001:2015 ★ Green Award Certification

☎ 0721-2662740, Fax No. 0721-2552012 | Website: <http://www.vbmv.org> | E-mail: principal@vbmv.org, vm126@sgbau.ac.in

President

Mr. R. D. Shekhawat

☎ 2662866, 2662783 (R)

Founder President

Dr. D. R. Shekhawat

☎ 2662866, 2662783 (R)

Principal

Dr. Pradnya Yenkar

☎ 2662740 (O), 2664013(R)

Ref. No. ... VBM/SR/17/12024

Invitation Letter

Date : ... 03-MAR-2024

To,

Adv.Sapana Jadhav,
Bombay High Court Bench,
Nagpur.

Respected Madam,

On behalf of Vidya Bharati Mahavidyalaya, Cell to Prevent Sexual Harassment of Women & Women Welfare Committee we are very pleased to have the honor of inviting you as a guest speaker for Seminar on the topic **Women's Strength and Power under the shield of Law** held on **6th April 2024**.

You are requested to join us at **11:15 am** on **6th April 2024**, **AV Theatre, MBA Building**.

We look forward to a positive confirmation, an honor for us indeed.

Date: 04.04.2024

Place: Amravati



Principal,

Vidya Bharati Mahavidyalaya,
Amravati.

Amravati

Thanks letter



Vidya Bharati Shaikshank Mandal, Amravati's

VIDYA BHARATI MAHAVIDYALAYA, AMRAVATI.

C.K. Naidu Road, Camp, Amravati - 444 602. (M.S.) India

★ Re-accredited with "A" Grade by NAAC in Three Cycles Consecutively.

★ CPE Status by UGC - Thrice ★ Mentor College under Paramarsh Scheme of UGC.

★ 'Lead College by S.G.B. Amravati University, Amravati ★ ISO Certification 9001:2015 ★ Green Award Certification
☎ 0721-2662740, Fax No. 0721-2552012 | Website: <http://www.vbmv.org> | E-mail: principal@vbmv.org, vm126@sgbau.ac.in

President

Mr. R. D. Shekhawat

☎ 2662866, 2662783 (R)

Founder President

Dr. D. R. Shekhawat

☎ 2662866, 2662783 (R)

Principal

Dr. Pradnya Yenkar

☎ 2662740 (O), 2664013(R)

Ref. No. VBM/SK/17/12024

Date : 03 MAR 2024

LETTER OF THANKS

To,

Adv. Sapana Jadhav,
Bombay High Court Bench
Nagpur.

Respected Madam,

We express our sincere thanks to your good self for sparing your valuable time , Warm support as a Guest Speaker for the Seminar on **Women's Strength and Power under the shield of Law held on 06th April 2024** organized by Cell to Prevent Sexual Harassment of Women & Women Welfare Committee, Vidya Bharati Mahavidyalaya , Amravati.

We once again express our deepest gratitude for your kind gesture and thank you for your participation and sharing of ideas and expertise.

We hope to receive the same cooperation from you in future.

With Warm Regards!

Date: 6.4.2024

Place: Amravati



Principal

vidya Bharati Mahavidyalaya
Vidya Bharati Mahavidyalaya,

Amravati

Photos



Welcoming the Chief Guest Adv. Sapna Jadhav for the seminar on Women's right and powers under the shield of law



Students Participating in Seminar on Women's right and duties under the shield of law

CV of resource person

CV of resource person:



- Criminal Lawyer completed her Law Degree from Law College, Mumbai,
- Dealt with most of the special laws in criminal practice in addition to the offence punishable under IPC like MCOCA, POCSO Act, SC and ST (protection of Atrocity) act, NDPS act, MPID act, POSH act MPDA, Transgender protection Act, PITA Act externment proceedings etc and so on. And rendering herself as one of most successful lawyers amongst others at Bombay High Court Bench At Nagpur
- Had been awarded by Rajya seva Puraskar samiti recently

News paper cutout



News Release of Seminar on POSH Act and Womens Power and strength under the shield of law by Adv.Sapna Jadhav

[Signature]
In-charge

[Signature]
Principal

[Signature]
Prof. G. BANSOD
Co-ordinator
Internal Quality Assurance Cell
Vidya Bharati Mahavidyalaya
Camp, Amravati-437602 (M.S.)



[Signature]
SIGNATURE
Principal
Vidya Bharati Mahavidyalaya
Amravati.

2. Free Rubella Vaccination Camp

Vidya Bharati Mahavidyalaya Camp Amravati Report Submitted to MIS Pratibha Women's Studies Centre

- 1. Name of the Activity**– Free Rubella Vaccination Camp
- 2. Collaborating Department /Committee/Agency (If Any)** –Rotary Club of Ambika, Amravati and Obstetrics & Gynecological Society, Amravati
- 3. Date / Duration** – 2nd April, 2024
- 4. Venue** – A. V. Theatre, MBA Building
- 5. Resource Person (If any)** – 1. Dr. Monali Dhole
2. Dr. Pranjal Sharma
- 6. Activity In-charge** – Ms. N. N. Kakpure
- 7. Objectives of Activity** –
 1. To raise awareness about the risks of rubella and the benefits of vaccination to girls and to educate college students about the importance of vaccination and public health initiatives.
 2. To prevent the spread of rubella (also known as German measles) among college students. Rubella is a contagious viral infection that can cause serious complications, particularly for pregnant women and their babies.


Sr. No.	Name of the Committee	Convener and members	Designation	Signature
1.	Registration Committee	Prof. N. N. Kakpure	Convener	<i>N. N. Kakpure</i>
		Ms. Khushi Lalwani	Student Representative	<i>Khushi Lalwani</i>
		Ms. Anjali Katyari	Student Representative	<i>Anjali Katyari</i>
2.	Stage Management and Hospitality	Dr. D. S. Rangacharya	Convener	<i>D. S. Rangacharya</i>
		Ms. Manju Athawale	Student Representative	<i>Manju Athawale</i>
		Ms. Tanvi Bodhankar	Student Representative	<i>Tanvi Bodhankar</i>
3.	Flex/Flyer, Invitation to Guests	Prof. P. R. Patil	Convener	<i>P. R. Patil</i>
		Ms. N. N. Kakpure	Member	<i>N. N. Kakpure</i>
4.	Report, Media and Photography Committee	Dr. R. J. Gajbe	Convener	<i>R. J. Gajbe</i>

N. N. Kakpure
Convener
Pratibha Women's Studies Centre




Pranjal Sharma
Principal
Vidya Bharati Mahavidyalaya
Amravati
Amravati

Pamphlet/ Brochure



Vidya Bharati Shaikshanik Mandal's
Vidya Bharati Mahavidyalaya, Amravati



Pratibha Women's Studies Centre
in collaboration with
**Rotary Club of Ambika, Amravati &
Obstetrics and Gynecological Society, Amravati**
organizes
**“Free Rubella Vaccination Camp”
to mark International Women's Day**

Date: 2nd April, 2024
Time: 9:00 am to 12:00 pm

Chairperson
Dr. P. S. Yenkar
Principal, VBMV, Amravati

Convener
Ms. N. N. Kakpure
Pratibha Women's Studies Centre

Detailed Report


Pratibha Women's Studies Centre in collaboration with Rotary Club of Ambika, Amravati and Obstetrics & Gynecological Society, Amravati organized “Free Rubella Vaccination Camp” on date 2nd April 2024 to mark International Women's Day. The aim of organizing the camp was to raise awareness about the importance of vaccination and public health initiatives and to make vaccines available free at college for students.

The camp was started at 9:30 am as the team of Doctors Arrived at A.V. theatre, MBA building. Firstly girls were informed to register using goggle form and to bring consent form signed by their parents. Those girls who bought consent form only those were allowed to get vaccinated. The formal inauguration of the camp was held at 11:00 am. Hon'ble Dr. P. S. yenkar, Principal of Vidya Bharati Mahavidyalaya, Amravati chaired the event. Hon'ble Dr. M. M. Rathore, Wise President, Vidya Bharati Shaikshanik Mandal, Dr. Monali Dhole, President, Mrs. Kirti Bodkhe, Secretary, Dr. P. S. Bodkhe, Board of Director, Rotary Club of Ambika, Amravati. Dr. Pranjal Sharma, President, Dr. Anjali Deshmukh, Secretary and Members of Obstetrics & Gynecological Society, Amravati, Dr. Lalita Lokhande, Dr. Aarti Murke, Dr. Ankita Khode, Dr. Meenal Deshmukh and Dr.

Sumedha Pandharikar were present on the occasion. Dr. Purnima Ughade, Medical officer, District Government General Hospital, Amravati and her team was also present. All the guests were felicitated by offering saplings and memento. Dr. Pranjal Sharma guided students about Rubella Vaccination. She said After that Hon'ble Principal appreciated those girls were present for getting vaccination and said that we always organize different events for the welfare of students. Total 90 girls got vaccinated in the camp. Dr. Pranjal Sharma also answered the questions asked by some girls related to their Gynecological health.

The formal inauguration of camp was hosted by Ms. N. N. Kakpure, Convener, Pratibha Women's Studies Centre. Vote of thanks was given by Dr. R. J. Gajbe, Member, Pratibha Women's Studies Centre. Dr. D. S. Rangacharya, Dr. D. S. Wankhade, Ms. Pallavi Patil and students worked for the successful organization of camp.

Invitation

 **Vidya Bharati Shaikshanik Mandal, Amravati's**
VIDYA BHARATI MAHAVIDYALAYA, AMRAVATI.
C.K. Naidu Road, Camp, Amravati - 444 602. (M.S.) India
★ Re-accredited with "A" Grade by NAAC in Three Cycles Consecutively.
★ CPE Status by UGC - Thrice ★ Mentor College under Paramarsh Scheme of UGC.
★ 'Lead College by S.G.B. Amravati University, Amravati ★ ISO Certification 9001:2015 ★ Green Award Certification
☎ 0721-2662740, Fax No. 0721-2552012 | Website: <http://www.vbm.org> | E-mail: principal@vbm.org, vm126@sgbau.ac.in

President Mr. R. D. Shekhawat ☎ 2662866, 2662783 (R)	Founder President Dr. D. R. Shekhawat ☎ 2662866, 2662783 (R)	Principal Dr. Pradnya Yenkar ☎ 2662740 (O), 2664013(R)
--	--	--

Ref. No. **Ref. No.: VBM/SRI 02 120 24** Date **01 APR 2024**

INVITATION LETTER


To,
Dr. Monali Dhole
President
Rotary Club of Ambika,
Amravati

Dear Madam,

On behalf of Vidya Bharati Mahavidyalaya, Amravati, I am very pleased to have the honour of inviting you as a Guest for "Free Rubella Vaccination Camp" to mark International Women's Day organized by Pratibha Women's Studies Centre in collaboration with Rotary Club of Ambika, Amravati and Obstetrics and Gynecological Society, Amravati on 2nd April 2024 at 9:00 am.

We look forward for your kind confirmation.

With regards!
Date: 01/04/2024

 **Principal**
Dr. Pradnya Yenkar
Vidya Bharati Mahavidyalaya
Amravati

Participants list

Vidya Bharati Mahavidyalaya, Amravati

Pratibha Women's Studies Centre

"Free Rubella Vaccination Camp"

Date: 02/04/2024

Sr. No.	Name	Class	Age	Mobile No.	Signature
1.	Trupti Yawle	M.Com. I	21	8080871844	Trupti
2.	Pranali Sathavane	M. com. I	20	9921799792	Pranali
3.	Nehal Sarvattkar	11 th	16	9699519714	Nehal
4.	Vedanti Kharode	11 th	17	4875852481	VKharode.
5.	Shubhangi Tapke	MCM II	22	8830222531	Tapke
6.	Vaishnavi Chavhan	MCM II	22	9579100217	Vaishnavi
7.	Dikshita Borekar	MCM II	21	9022541479	Dikshita
8.	Kalyani Sahare	MSc I	21	9923283438	Kalyani
9.	Mahiya Tabassum	11 th	15	8888700656	Mahiya
10.	Neha Gawai	11 th	17	9529753566	Neha
11.	Anukul Patil	BSc. I	19	9209020735	Anukul
12.	Isha Nagrikar	BSc I	18	8669621050	Isha
13.	Nikita Bansod	BSc. III	21	7350574605	Nikita
14.	Ashlesha Tayade	B.A. III	19	8329758819	Ashlesha
15.	Riya Choudhary	B.Com. I	19	9373714416	Riya
16.	Kajal Tiwari	B.Com III	21	7498287288	Kajal
17.	Shruti Tikrayat	B.com III	21	9309211875	Shruti
18.	Pranita Ninawe	B.A I	18	9657870369	P.Ninawe
19.	Khushi Zunzunwala	BCA III	21	8806525526	Khushi
20.	Mayuri Nalinde	BCA III	21	7666816439	Mayuri
21.	Samiksha Umbarkar	BA I	18	9404824705	S.Umbarkar
22.	Divya Kale	BCA III	21	9822702159	Divya
23.	Snehal Raut	BA III	20	8308663891	Snehal
24.	Vaishnavi Ingle	BA III	21	9896217019	V.Ingle
25.	Ishita Wankhade	11 th	16	71038996283	Ishita
26.	Krutika Sonpimple	BBA III	19	7507413265	Krutika
27.	Trupti Bombale	BBA III	20	8459471807	Trupti
28.	Veena Suryavanshi	BBA III	20	9834992233	Veena
29.	Nikita Babude	MBA II	21	9307458588	Nikita
30.	Gauri Keche	MBA II	23	9975539224	Gauri
31.	Trupti Tate	MBA II	23	7768070098	Trupti
32.	Chaitali Rathod	MBA II	27	9552409217	Chaitali

Sr. No.	Name	Class	Age	Mobile No.	Signature
33.	Sanskriti Gowthar	MCA I	21	9322257364	[Signature]
34.	Rohini Jaiswal	MBA II	24	8308368515	[Signature]
35.	Shruti Deshmuth	MBA II	23	9325959274	[Signature]
36.	Payal Bansod	MSc I	22	7821997069	[Signature]
37.	Astha Warghat	BBA III	21	8010825485	[Signature]
38.	Dhanshi Patil	MCA I	23	9673381676	[Signature]
39.	Avisha Kavittar	MBA II	22	7620649719	[Signature]
40.	Gauri Kalaskar	BSc II	19	9322879526	[Signature]
41.	Aditi Wardhe	BSc II	19	8010364682	[Signature]
42.	Saloni Jaiswal	BSc III	21	9579975160	[Signature]
43.	Raksha Kalaskar	BSc III	20	7385718210	[Signature]
44.	Falguni Lokhande	B.Tech I	18	9356352630	[Signature]
45.	Parigha Kandalkar	B.Tech I	18	8329087101	[Signature]
46.	Vanisha Shadi	BSc II	19	7498257752	[Signature]
47.	Payal Bijagare	11th	16	8983266632	[Signature]
48.	Renuka Sanap	BSc II	19	9284410288	[Signature]
49.	Gauri Gulalkari	B.Tech I	19	9284790665	[Signature]
50.	Nandini Chondekar	B.Tech I	19	8685821540	[Signature]
51.	Prachi Nimbarte	B.Tech I	19	9112391476	[Signature]
52.	Rutuja Pathade	B.Tech I	18	7820974564	[Signature]
53.	Nidhi Kubade	B.Tech I	19	8766006107	[Signature]
54.	Chinmayee Kale	B.Tech I	19	9421971974	[Signature]
55.	Gargee Kandalkar	B.Tech I	18	9850777255	[Signature]
56.	Anushka Kathe	B.Tech I	18	8767822367	[Signature]
57.	Yogini Kale	B.Tech I	18	9322197952	[Signature]
58.	Sushma Chavhan	B.Tech I	21	9112482316	[Signature]
59.	Bhumika Adha	BA I	18	7709017220	[Signature]
60.	Achal Patil	B.Tech I	23	9370279986	[Signature]
61.	Divyani Ghoshde	B.Tech I	21	7218768792	[Signature]
62.	Asmi Nawale	B.Tech I	19	8788434628	[Signature]
63.	Divya Ghusalikar	B.Tech I	19	8625872685	[Signature]
64.	Minal Ingole	B.Tech I	19	7387084821	[Signature]
65.	Bhakti Kanhe	B.Tech I	18	7796885181	[Signature]
66.	Kajal Raut	B.Tech I	20	7558529662	[Signature]
67.	Shivani Nambhoskar	B.Tech I	19	9604632560	[Signature]
68.	Neha Pawale	MCM II	21	8698016091	[Signature]
69.	Meghana Pathale	MCM II	22	7176930851	[Signature]
70.	Krutika Kherde	MCM II	21	8010856931	[Signature]
71.	Shenita Bahadurkar	Lecturer	26	9284549219	[Signature]
72.	Vaishnavi Khode	Lecturer	25	9156618334	[Signature]

Sr. No.	Name	Class	Age	Mobile No.	Signature
73.	Mitali Kalbande	Lecturer	25	9373570876	[Signature]
74.	Gunjan Kondalkar	MSc I	23	8605273693	[Signature]
75.	Shraddha Deshmulch	MSc I	21	9923691828	[Signature]
76.	Rucha Sakhare	MSc I	22	9529452148	[Signature]
77.	Aishwarya Ganorkar	MSc I	23	9420833392	[Signature]
78.	Bhagyashri Shelke	MSc I	23	8766096608	[Signature]
79.	Aachal Mishra	MSc I	22	9767271361	[Signature]
80.	Megha Patil	MSc I	23	9834675818	[Signature]
81.	Shikha Thakur	MBA I	22	8552921457	[Signature]
82.	Pooja Borkar	MCA I	23	7057642232	[Signature]
83.	Madumita Sugandhi	MCA I	22	9823432448	[Signature]
84.	Khushi Lalwani	BSc III	20	8421189289	[Signature]
85.	Manju Athawale	BSc III	20	8080945606	[Signature]
86.	Tanvi Bodhankar	BSc III	20	7517072414	[Signature]
87.	Anjali Katyari	BSc III	20	9359793304	[Signature]
88.	Prachi Gaybe		26	9423649592	[Signature]
89.	Rujvi Gaybe		25	9423649592	[Signature]
90.	Rutuja Pandao	MCA I	22	9356637847	[Signature]
91.	Shreya Golhar	MCA I	21	8010605721	[Signature]

Thanks letter

Vidya Bharati Shaikshanik Mandal, Amravati's



Vidya Bharati Shaikshanik Mandal, Amravati's **VIDYA BHARATI MAHAVIDYALAYA, AMRAVATI.**

C.K. Naidu Road, Camp, Amravati - 444 602. (M.S.) India

★ Re-accredited with "A" Grade by NAAC in Three Cycles Consecutively.

★ CPE Status by UGC - Thrice ★ Mentor College under Paramarsh Scheme of UGC.

★ 'Lead College by S.G.B. Amravati University, Amravati ★ ISO Certification 9001:2015 ★ Green Award Certification
☎ 0721-2662740, Fax No. 0721-2552012 | Website: <http://www.vbmv.org> | E-mail: principal@vbmv.org, vm126@sgbau.ac.in

President
Mr. R. D. Shekhawat
☎ 2662866, 2662783 (R)

Founder President
Dr. D. R. Shekhawat
☎ 2662866, 2662783 (R)

Principal
Dr. Pradnya Yenkar
☎ 2662740 (O), 2664013(R)

Ref. No. **Ref. No: VBMSR/13 12024**

Date : **02 APR 2024**

LETTER OF THANKS

To,
Dr. Monali Dhole
President
Rotary Club of Ambika,
Amravati

Dear Madam,

On behalf of Vidya Bharati Mahavidyalaya, Amravati, I express my sincere thanks for your contribution and support for "Free Rubella Vaccination Camp" organized by Pratibha Women's Studies Centre in collaboration with Rotary Club of Ambika, Amravati and Obstetrics and Gynecological Society, Amravati to mark International Women's Day on 2nd April 2024 at 9:00 am.

I once again express my deep sense of gratitude for your kind gesture and I hope to receive the same co-operation in future also.

With regards!

Date: 02/04/2024
Place: Amravati



Principal
Dr. Pradnya Yenkar
Vidya Bharati Mahavidyalaya,
Amravati

Photo's



Hon'ble Guests on the dais at Inauguration of "Rubella Vaccination Camp"



Dr. Pranjal Sharma Guiding Girls about Rubella Vaccination



Registration counter



Dr. Pranjal Sharma giving Rubella Vaccine to a student

विद्याभारती महाविद्यालयात मोफत रुबेला वॅक्सीनेशन शिबीर

१० मुलींनी घेतला लाभ

प्रतिनिधी/३ एप्रिल
अमरावती : विद्याभारती महाविद्यालय, कॅम्प, अमरावती येथे जागतिक महिला दिनानिमित्त २ एप्रिल २०२४ रोजी प्रतिभा वुमेन्स स्टडीज सेंटर, रोटी क्लब ऑफ अंबिका, अमरावती व ओबस्टेट्रीक्स व गायनेकोलॉजिकल सोसायटी, अमरावती यांच्या संयुक्त विद्यमाने महाविद्यालयातील मुलींसाठी मोफत रुबेला वॅक्सीनेशन शिबिर आयोजित करण्यात आले. शिबिराच्या उद्घाटनप्रसंगी विद्याभारती शैक्षणिक मंडळाच्या उपाध्यक्ष डॉ. एम. एम. राठौर, महाविद्यालयाच्या प्राचार्य व



कार्यक्रमाच्या अध्यक्ष डॉ. पी. एस. येनकर, रोटी क्लब ऑफ अंबिकाच्या अध्यक्ष डॉ. मोनली ढोले, सचिव सौ. कीर्ती बोडखे, सदस्य संचालक मंडळ डॉ. पी. एस. बोडखे, ओबस्टेट्रीक्स व गायनेकोलॉजिकल सोसायटीच्या

अध्यक्ष डॉ. प्रांजल शर्मा, सचिव डॉ. अंजली देशमुख, सदस्य डॉ. ललिता लोखंडे, डॉ. आरती मुरके, डॉ. मीनल देशमुख, डॉ. सुमेधा पंढरीकर, डॉ. अंकिता खोडे व त्यांचे सहकारी तसेच मेडिकल ऑफिसर, जिल्हा

सामान्य रुग्णालय डॉ. पूर्णिमा उघडे हे सर्व उपस्थित होते. या शिबिरात महाविद्यालयाच्या प्राचार्य डॉ. पी. एस. येनकर यांनी महाविद्यालयातर्फे मुलांच्या सर्वांगीण विकासाकरीता आम्ही निरनिराळे कार्यक्रम सातत्याने आयोजित करत असतो असे नमूद केले. डॉ. प्रांजल शर्मा मॅडम यांनी मुलींना रुबेला वॅक्सीनेशन बद्दल इत्यंभूत माहिती दिली व ओबस्टेट्रीक्स व गायनेकोलॉजिकल सोसायटीच्या सर्व सदस्यांनी अत्यंत खेळीमेळीच्या वातावरणात मुलींना रुबेलाची लस दिली. तसेच मुलींच्या काही समस्यांवर त्यांनी मार्गदर्शनही केले. या शिबिरात एकूण १० मुलींना रुबेलाची लस

देण्यात आली. कार्यक्रमाचे संचालन प्रतिभा वुमेन्स स्टडीज सेंटरच्या संचालक प्रा. नम्रता काकपुरे यांनी केले तर डॉ. आर. जे. गजबे यांनी सर्वांचे आभार मानले. या कार्यक्रमाच्या यशस्वीतेकरीता महाविद्यालयाच्या प्राचार्य डॉ. पी. एस. येनकर यांचे मार्गदर्शन लाभले व डॉ. डी. एस. रंगाचार्य, डॉ. डी. एस. वानखडे, डॉ. एम. एम. खेरेडे, प्रा. पद्मवी पाटील, तसेच शिक्षकेतर कर्मचारी श्री. राजेश मॅडे व श्री. चेतन इंगळे व विद्यार्थिनी कु. खुशी लालवणी, कु. अंजली कट्यारी, कु. मंजू आठवले व कु. तन्वी बोधनकर यांनी विशेष परिश्रम घेतले.

Pratibha
Convener

Pratibha Women's Studies Centre



Principal
Principal
 Vidya Bharati Mahavidyalaya,
 Amravati

Prof. P. G. Bansod
Prof. P. G. BANSOD
 Co-ordinator
 IQAC
 Internal Quality Assurance Cell
 Vidya Bharati Mahavidyalaya
 Camp, Amravati - 427602 (M.S.)



Principal
 SIGNATURE
Principal
 Vidya Bharati Mahavidyalaya,
 Amravati.

3. Workshop on “Yogmudra for Stress Management”

Vidya Bharati Mahavidyalaya Camp Amravati
Report Submitted to MIS
Pratibha Women’s Studies Centre

1. Name of the Activity – Workshop on “Yogmudra for Stress Management”
2. Collaborating Department /Committee/Agency (If Any) -NA
3. Date / Duration – 6th April 2024
4. Venue -Department of Botany
5. Resource Person (If any) -Dr. V. V. Parhate
6. Activity In-charge -Ms. N. N. Kakpure
7. Objectives of Activity –
 1. To equip college students with techniques of yogmudras so that they can reduce stress levels at the time of examinations and can boost their confidence.
 2. Encourage students to integrate yogmugra practices into their daily routines.
8. List of Committees constituted for smooth conductance –

Vidya Bharati Mahavidyalaya, Amravati

Pratibha Women's Studies Centre

Workshop on "Yogmudra for Stress Management"

Date of the event: 06.04.2024

Organizing Committees

Sr. No.	Name of the Committee	Convener and members	Designation	Signature
1	Stage Management and Hospitality	Dr. R. J. Gajbe	Convener	
		Ms. Ayushi Ulhe	Student Representative	
		Ms. Janvi Waghmare	Student Representative	
2.	Flex/Flyer, Invitation to Resource Person	Prof. N. N. Kakpure	Convener	
		Mr. Ayush Zade	Student Representative	
3.	Report, Media and Photography Committee	Dr. D.S. Rangacharya	Convener	
		Mr. Aditya Kohale	Student Representative	


Convener

Pratibha Women's Studies Centre




Principal
Vidya Bharati Mahavidyalaya
Amravati

Vidya Bharati Mahavidyalaya, Amravati

Pratibha Women's Studies Centre

Notice

All the students of UG and PG are hereby informed that Pratibha Women's Studies Centre, Vidya Bharati Mahavidyalaya, Amravati is organizing a Workshop on "Yogmudra for Stress Management" on Saturday, 06th April, 2024 at 1:30 pm. All the students should remain present for the programme.

Date: 3rd April, 2024

Venue: Department of Botany


Convener

Pratibha Women's Studies Centre




Principal
Vidya Bharati Mahavidyalaya,
Amravati



Vidya Bharati Shaikshanik Mandal's
Vidya Bharati Mahavidyalaya, Amravati

Pratibha Women's Studies Centre
organizes

A Workshop on
"Yogmudra for Stress Management"
on the occasion of World Health Day



-Resource Person-
Dr. V. V. Parhate



Date: 6nd April, 2024
Time: 1:00 pm

Chairperson
Dr. P. S. Yenkar
Principal, VBMV, Amravati

Convener
Ms. N. N. Kakpure
Pratibha Women's Studies Centre

Detailed Report

Yogamudra represents the symbol of Yoga. The word mudra means seal, gesture, or finger posture. With the practice of yoga mudra, we are trying to harness the energy in our hands and to couple it with intention and conscious action. In simple terms, yoga mudras promote the flow of energy within the subtle body and support the journey within. The principle of mudras is that the transfer of energy takes place from a higher level to a lower level.

World Health Day is Celebrated on 7th April 2024 all over the world to raise awareness about pressing health issues, promote healthy lifestyles, and advocate for universal access to quality healthcare. The theme for World Health Day 2024 was '**My health, my right**'.

Pratibha Women's Studies Centre organized a Workshop on "Yogmudra for Stress Management" on 6th April to 2024 to celebrate World Health Day. The workshop was aimed to reduce anxiety and stress of students and to raise their confidence by providing them techniques of Yogmudra and also encourage them to integrate yogmugra practices into their daily routines. The workshop was chaired by Hon'ble Principal Dr. P. S. Yenkar and Dr. V. V. Parhate, Yoga Instructor and Former Head, Department of Chemistry was present as a resource person for the workshop.

The workshop started with the warm welcome of guests by offering them floral bouquet. The whole event was hosted by Mr. Ayush Zade (B.Sc. III). He requested the resource person to start the session. Dr. V. V. Parhate firstly described importance of Yogmudras to all the students. She said that human body is made up of five elements i.e. Agni, Vayu, Akash, Pruthvi, Jal and our five fingers represents these five elements. The yoga mudras are hand gesture yoga exercises that aim to bring back the basic balance by guiding the flow of life energy within the body. Depending upon the elements to be balanced, specific yoga mudras are practised. Then she asked students to practice different Yogmudras with her. She taught different Yogmudras to the students such as Dhyana Mudra, Hakini Mudra, Shankh Mudra, Apan Mudra, etc. and also informed about benefits of it. Students practiced Yogmudras with the resource person and felt relaxed and calm. They also asked some questions to Dr. V. V. Parhate and she answered it satisfying them. The event was concluded with the vote of thanks given by Ms. Janvi Waghmare (B.Sc. III). Participants were very happy and satisfied.

Invitation



Vidya Bharati Shaikshanik Mandal, Amravati's
VIDYA BHARATI MAHAVIDYALAYA, AMRAVATI.

C.K. Naldu Road, Camp, Amravati - 444 602. (M.S.) India

★ Re-accredited with "A" Grade by NAAC in Three Cycles Consecutively.

★ CPE Status by UGC - Thrice ★ Mentor College under Paramarsh Scheme of UGC.

★ "Lead College by S.G.B. Amravati University, Amravati ★ ISO Certification 9001:2015 ★ Green Award Certification
☎ 0721-2662740, Fax No. 0721-2552012 | Website: <http://www.vbmv.org> | E-mail: principal@vbmv.org, vm126@sgbau.ac.in

President
Mr. R. D. Shekhawat
☎ 2662866, 2662783 (R)

Founder President
Dr. D. R. Shekhawat
☎ 2662866, 2662783 (R)

Principal
Dr. Pradnya Yenkar
☎ 2662740 (O), 2664013(R)

Ref. No. : **Ref. No: VBMSR/ 35 /2024**

Date : **05 APR 2024**

INVITATION LETTER

To,
Dr. V. V. Parhate
Yoga Instuctor & Former Head,
Dept. of Chemistry,
VBMV, Amravati

Dear Madam,

On behalf of Vidya Bharati Mahavidyalaya, Amravati, I am very pleased to have the honour of inviting you as a Resource Person for Workshop on 'Yogmudra for Stress Management' organized by Pratibha Women's Studies Centre, Vidya Bharati Mahavidyalaya, Amravati on 6th April, 2024 at 1:00 pm.

We look forward for your kind confirmation.

With regards!

Date:05/04/2024




Principal
Vidya Bharati Mahavidyalaya
Amravati

Participants list

Vidya Bharati Mahavidyalaya, Amravati

Pratibha Women's Studies Centre

Workshop on 'Yogmudra for Stress Management'

To mark World Health Day

Date: 06/04/2024

List of Participants

Sr. No.	Name of the Participant	Class	Signature
1.	Vedika Kiran Pohokara	BSC-II	<i>[Signature]</i>
2.	Tanavi Ajay Jashi	BSC-II	<i>[Signature]</i>
3.	Amisha Ashok Raut	BSC-II	<i>[Signature]</i>
4.	Sanal N. Tayade	BSC-II CPV	<i>[Signature]</i>
5.	Payal R. Gupar	BSC II	<i>[Signature]</i>
6.	Abu Talha Hussain	B.sc II	<i>[Signature]</i>
7.	Govinda R. Patilwale	Bsc II	<i>[Signature]</i>
8.	Tshika . J. Lachure	Bsc II	<i>[Signature]</i>
9.	Pratik Rathod	BSC II	<i>[Signature]</i>
10.	mohammad kaif	Bsc II	<i>[Signature]</i>
11.	Doeshan D Paloskar	BSC II	<i>[Signature]</i>
12.	Deepalaxmi G. Chauhan	BSC II	<i>[Signature]</i>
13.	Suvashti R. Nachankar	BSC-II nd yr	<i>[Signature]</i>
14.	Khushi . S. Pande	BSC-II nd yr	<i>[Signature]</i>
15.	Om A. Vite	BSC-II nd yr	<i>[Signature]</i>
16.	Vedant mahesh sakhare	BSC-II nd yr	<i>[Signature]</i>
17.	Atharv A. Ravankar	BSC-II nd yr	<i>[Signature]</i>
18.	Sushrut . R. Tayde	BSC-II nd yr	<i>[Signature]</i>
19.	Ajay R. Wankhede	BSC-II nd yr	<i>[Signature]</i>
20.	Om. K. Sorode	BSC-II	<i>[Signature]</i>
21.	Samiksha. N. Vainagade	BSC-II CPV	<i>[Signature]</i>
22.	Karishma S. Jaiswal	B.Sc-II nd yr CPV	<i>[Signature]</i>
23.	Shabdali M. Kathale	BSC-II nd yr CPA	<i>[Signature]</i>
25.	Nayana . S. Solanke	Bsc II nd yr CPA	<i>[Signature]</i>
26.	Nandini D. Bankar	BSC-II nd yr	<i>[Signature]</i>
27.	Anuja P. Aakhare	B.S.C II nd year	<i>[Signature]</i>
28.	Devshree A. Kalbande	B.S.C II nd year	<i>[Signature]</i>
29.	Pooja V. Bodhani	B.S.C II nd year	<i>[Signature]</i>
30.	Manjiri D. Grade	BSC-II nd year	<i>[Signature]</i>

Thanks letter



Vidya Bharati Shaikshanik Mandal, Amravati's **VIDYA BHARATI MAHAVIDYALAYA, AMRAVATI.**

C.K. Naidu Road, Camp, Amravati - 444 602. (M.S.) India

★ Re-accredited with "A" Grade by NAAC in Three Cycles Consecutively.

★ CPE Status by UGC - Thrice ★ Mentor College under Paramarsh Scheme of UGC.

★ 'Lead College by S.G.B. Amravati University, Amravati ★ ISO Certification 9001:2015 ★ Green Award Certification
☎ 0721-2662740, Fax No. 0721-2552012 | Website: <http://www.vbmv.org> | E-mail: principal@vbmv.org, vm126@sgbau.ac.in

President
Mr. R. D. Shekhawat
☎ 2662866, 2662783 (R)

Founder President
Dr. D. R. Shekhawat
☎ 2662866, 2662783 (R)

Principal
Dr. Pradnya Yenkar
☎ 2662740 (O), 2664013(R)

Ref. No. :

Ref. No. VBM/SRI/35/12024

Date :

05 APR 2024

LETTER OF THANKS

To,
Dr. V. V. Parhate
Yoga Instructor & Former Head,
Dept. of Chemistry,
VBMV, Amravati

Dear Madam,

I express my sincere thanks to your good self for sparing your valuable time and warm support as a Resource Person for Workshop on 'Yogmudra for Stress Management' to mark World Health Day on 6th April, 2024 organized by Pratibha Women's Studies Centre, Vidya Bharati Mahavidyalaya, Amravati.


I once again express my deep sense of gratitude for your kind gesture and I hope to receive the same co-operation in future also.

With regards!

Date: 04/04/2024

Place: Amravati




(Dr. Pradnya Yenkar)
Principal
Vidya Bharati Mahavidyalaya
Amravati

Photo's



Welcome of Guests by offering floral bouquet



Dr. V. V. Parhate teaching Different Yogmudras to the students



Students Practicing Yogmudras with Dr. V. V. Parhate

Madhura
 Convener
 Pratibha Women's Studies Centre



Parhate
 Principal
 Vidya Bharati Mahavidyalaya,
 Amravati

Aruna
 Prof. P. G. BANSOD
 Co-ordinator
 Internal Quality Assurance Cell
 Vidya Bharati Mahavidyalaya
 Camp, Amravati-446002 (M.S.)



Parhate
 SIGNATURE
 PRINCIPAL
 Vidya Bharati Mahavidyalaya,
 Amravati.