

Vidya Bharati Shaikshanik Mandal, Amravati's

### VIDYA BHARATI MAHAVIDYALAYA, AMRAVATI

Affiliated to Sant Gadge Baba Amravati University, Amravati

Re-accredited 'A' Grade by NAAC ( CGPA : 3.26 Second Cycle)

**CPE Status by UGC-Thrice** 

Lead College identified by SGBAU, Amravati,

Mentor College under Paramarsha Scheme of UGC

C.K. Naidu Road, Camp, Amravati, Maharashtra State, India, PIN 444602

Phone: 0721-2662740, Fax 0721-2662740,

http://www.vbmv.org

Email: vm126@sgbau.ac.in, principal@vbmv.org

### Reports of the events organized

3.4.3 Number of extension and outreached Programmes conducted by the institution through NSS/ NCC/ Red Cross/ YRC etc., (including the programmes such as Swachh and 3.4.4 Average percentage of students participating in extension activities at 3.4.3. above during last five years (2014-15 to 2018-19)

#### **INDEX**

#### Academic Year 2015-2016

Sr.No.	Name of Acivity	Date	No. of Students Participants
1.	Yoga Shibir at Gadge Baba Samadhi Mandir, Gadgenagar, Amravati	14-12-2015 to 21-12-2015	40
2.	International Yoga Day at Vidya Bharati Mahavidyalaya, Amravati	21-06-2015	120
3.	Visit to Old-Age Home and Orphanage	15-07-2015	57
4.	Visit to Orphanage at Deshpande wadi Gaurakshan Road, Amravati	09-08-2015	84
5.	Cleanliness Drive at Shiv Tekadi Amravati	23-08-2015	81
6.	Rally on the occasion of International AIDS Day	03-12-2015	20
7.	Guest Lecture : Awareness Program on Human Rights	10-12-2015	55
8.	Guest Lecture on Education and Culture	12-09-2015	35
9.	Guest Lecture on Women Rights	03-08-2015	52
10.	Survey in Slum Area at Chaprasi-pura, Adarsha Nehru Nagar and Sanjay Gandhi Nagar, Amravati	12-08-2015 to 13-08-2015	15
11.	Distribution of School kits to Students on the occasion of Diwali celebration	24-11-2015	70
12.	One Day Yoga Camp at Sawarkhed, Dist. Amravati	18-04-2016	100
13.	Tree Plantation & Rally	16-09-2015	50
14.	Sahyog Prashikshan Shibir at Gadge Baba Samadhi Mandir, Amravati	05-01-2016 to 30-01-2016	30
15.	Pulse Polio Campaign at Police Head Quarter Hospital, Amravati	29-01-2016	64
16.	Yoga Shibir at Dnyanayi Warkari, Amravati	09-05-2016 to 29-05-2016	83
			956

Dr. R. M. Patil

Co-ordinator

Internal Quality Assurance Cell

Vidya Bharati Mahavidyalaya

Camp, Amravati-444 602 (M.S.)

dimel

College &

PRINCIPAL
WOYA SHARATI MANAYSYALAYA
AMRAVATL

#### REPORTS OF EVENT ORGANIZED UNDER 3.4.3 AND 3.4.4

#### Academic Year 2015-16 Report of Activity

#### Yoga Shibir at Gadge Baba Samadhi Mandir, Gadgenagar, Amravati

Yoga Shibir on the occasion of Gadge Baba Punyatithi Mohatsav was organized by Gadge Baba Samadhi Mandir, at Gadge nagar, Amravati by Vidya Bharati Mahavidyalaya, Amravati from 14/12/15 to 21/12/2015 at Gadge baba Samadhi Mandir, Gadgenagar, Amravati. The Resource Person was Dr. V. V. Parhate. The aim of the camp was to spread awareness of yoga and its benefits among society. The expert demonstrated various yoga mudra and regularly practiced them for the participants. The object behind organizing this camp was to send the message of keeping people fit physically and mentally. People of Gadge Nagar now actively participate in daily yoga classes arranged in different parts of city. Number of participants were 40.

Caption : Yoga Shibir at Gadge Baba Samadhi Mandir, Gadgenagar,

Amravati

Venue : Gadge Baba Samadhi Mandir, Gadgenagar, Amravati

Date : 14/12/15 to 21/12/2015

Collaborating agency : Gadge Baba Samadhi Mandir, Gadgenagar, Amravati

**Total No. of students** 

participated

40



Yoga Sadhak performing Bramari Pranayama.

International Yoga Day at Vidya Bharati Mahavidyalaya, Amravati

To create an Awareness of yoga among students and staff, Yog Sadhana Club Vidya

Bharati Mahavidyalaya, Amravati in collaboration with 4-Mah Girls BN NCC, Amravati

organized International Yoga Day on 21/06/2015. The guests on this occasion was Dr. P. R.

Solanki and Resource Person was Dr. P. R. Rajput. This activity was conducted by In-charge Dr.

V. V. Parhate, Dr. M. M. Rathore, Dr. D. S. Wankhade. The objective behind celebration of

International Yoga Day was to provide a platform to create awareness of yoga and its benefits

among young students and staff. The experts motivated them to do exercise and yoga through

demonstrations of different Asanas and Breathing exercises. Students and staff could understand

the importance of yoga in development of mental and physical health. All could perform

different Asanas and breathing exercise very efficiently. Total 120 participants were benefitted

due to this event.

Caption : International Yoga Day at Vidya Bharati Mahavidyalaya,

**Amravati** 

Venue : Vidya Bharati Mahavidyalaya, Amravati

Date : 21/06/2015

Collaborating agency : Yog Sadhana Club, NCC

**Total No. of students**:

participated

120

### विद्याभारती महाविद्यालय अमरावती



## जाहीर निमंत्रण

सर्व नागरिक बंधू -भगिनी

आंतरराष्ट्रीय योग दिनाच्या निमित्ताने विद्याभारती महाविद्यालय, कॅम्प, अमरावतीच्या स्वोर्टस् कॉम्प्लेक्स येथे



दिनांक १८ ते २१ जून २०१५ दरम्यान दररोज सकाळी ७.०० ते ८.०० वा.



## विशेष योग साधना शिनिर

आयोजित करण्यात आले असून आपणास जाहीर आवाहन करण्यात चेत आहे की, सर्वांनी या शिविरात सहमाणी होवून शारीरिक व मानसिक स्वास्थ्य लाभ घ्याचा.

मार्गदर्शक - प्राचार्य डॉ. एफ. सी. रघुवंशी

समन्वयक - प्रा.डॉ. पी.आर. राजपूत

प्रशिक्षक - प्रा.हाँ, वंदना पराते, केंग्ट, डाँ, मिथिलेश राठीड

आयोजक - प्रा. डॉ.जानेश्वरी वानखडे, प्रा. डॉ. साबीर अली

संयोजक - प्रा.डॉ. बनुंधरा वानखंडे, कॅप्ट. डॉ.आर.व्हॉ. बाचमारे, प्रा. डॉ. देवदास एस. रामटेके

== ।। विमीत ।।≡

राष्ट्रीय सेवा योजना, राष्ट्रीय छात्रसेना, क्रिडा विभाग, विस्तार सेवा विभाग व प्रतिभा वुमेन्स स्टडिज सेंटर, विद्याभारती महाविद्यालय, अमरावती.

सूचना : शिबिरायींना - मुले/ पुरुष : ट्रॅंक सूट/ हॉफ शॉट-टी शर्ट, मुली/ महिला - पंजाबी ड्रेस व स्वःतचे आसन / चटई सोबत आणल्यास उत्तम होईल.



Students and staff performing Yoga on 1st International Yoga Day 21st June,2015



Students and staff performing Yoga on 1st International Yoga Day 21st June, 2015

#### **News Published**



# विद्याभारती में मनाया योग दिवस

प्रतिनिधि, 21 जुन अमरावती- स्थानीव विद्याभारती महाविद्यालय में विश्लेष योग रिशियर का आयोदन किया गया वा. उत्स्मृतं प्रतिसाद मिला हो. यो.आर. रेशमुख, डो. प्रभा सालकी, डो आर.एम. पाटिल ने

याग दिवस का महत्व व याग का नेवन में महत्व प्रतिपादित किया. कार्यक्रम का संचालत योग प्रांशिक्षका डॉ. बंदना पराते, डॉ. वरिश की बाधा के बदलूद मिविसोश राठोड ने किया. प्रस्तावना डॉ. ची.आर. राजपूत ने रखो. सफलता के लिए डी. एफ, मो. रघूवंशी, हां. बस्बरा

नंतरपाले, डॉ. जानेचर वानखडे डॉ. साबीर अली, डॉ. डी.एस रामटेके, डॉ. आर.इं. वायम्त आदि ने प्रयास किए. विशेष योग शिवर प्रशिक्षण क्रवासंस सालभर शुरू रखने छ संकल्प प्रशिक्षण व शिवसांपर्य स्वयंस्कृति सं लिया.

Visit to Old-Age Home and Orphanage

NCC unit of the college under 4-Mah Girls BN NCC Amravati on 15/07/2015

organised a visit to old age home and orphanage to create Social awareness and sense of

social responsibility among students. This activity was conducted under the

supervision of NCC Officer Capt. Dr. M. M. Rathore.

The objective of this activity was to make our students aware about social issues like

taking care of old people, orphan kids and to understand problems of old age people.

In order to help them come out from the emotional trauma our students performed

some cultural activities. Students realised the social issue related to old people and

orphan kids.

Students assured to take care of their parents and old people in their families. They

have given promise not to send their parents to orphan house when they get old.

The total number of participants were 57.

Caption : Visit to Old-Age Home and Orphanage

Venue : Old-Age Home and Orphanage, Amravati

Date : 15/07/2015

Collaborating agency : NCC , Old-Age Home and Orphanage, Amravati

**Total No. of students**:

participated

57



Interaction with old Age People



Students entertaining the elders at old-age home

Visit to Orphanage at Deshpande wadi Gaurakshan Road, Amravati

In order to create empathy and love for the orphans, the NSS unit of Vidya Bharati

Mahavidyalaya Amravati had arranged a visit to orphanage under the leadership of Dr. D. S.

Ramteke on 9<sup>th</sup> August 2015.

The visit was made to the orphanage situated at Deshpande Wadi, Gaurakshan Road,

Amravati. Total 84 participants along with two teachers participated in this activity. This visit

could provide a good experience of sense of gratitude towards the society. During this visit

the students donated food, clothes and things of daily need.

Caption : Visit to Orphanage at Deshpande wadi Gaurakshan Road,

Amravati

Venue : Orphanage at Deshpande wadi Gaurakshan Road, Amravati

Date : 9<sup>th</sup> August 2015

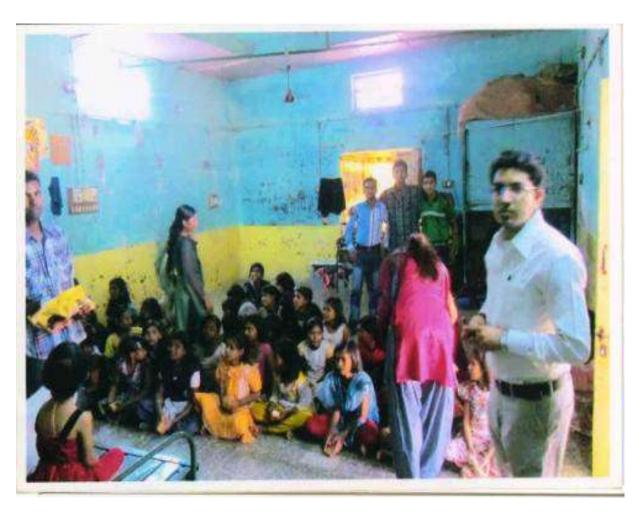
Collaborating agency : NSS, Orphanage at Deshpande wadi Gaurakshan Road,

**Amravati** 

**Total No. of students** 

participated

84



NSS Volunteers Distributing things of Daily Needs

#### **Cleanliness Drive at Shiv Tekadi, Amravati**

To make the students realise the importance of cleanliness under the scheme Swaccha Bharat, NSS unit of the College arranged for a cleanliness drive on Shiv Tekadi, Amravati on 23.08.2015. Dr. D. S. Ramtake Programme officer was in-charge of the program.

It was envisaged that such activities will help to make environment clean and keep us healthy. The goals of cleanliness are good health and avoid the spreading of dirt and contaminants to oneself. Total 81 participants participated in the activity.

Caption : Cleanliness Drive at Shiv Tekadi, Amravati

Venue : Shiv Tekadi Amravati

Date : 23.08.2015

Collaborating agency : NSS

Total No. of students : 81



Cleanliness Drive at Shiv Tekadi, Amravati

#### Rally on the occasion of International AIDS Day

As it is known to all, Aids is becoming a stigma in the society, its awareness plays an important role to fight against it and also to take precautionary measures. Keeping this view in mind the college arranged for a rally to District General Hospital, Amravati. The program was arranged on 3<sup>rd</sup> Dec. 2015 under the guidance of NSS Programme Officer Dr. D. S. Ramteke and in collaborative with SGBAU, Amravati. 20 students took part in this rally.

Caption : Rally on the occasion of International AIDS Day

Venue : District General Hospital, Amravati

Date : 3<sup>rd</sup> Dec. 2015

Collaborating agency : NSS, SGBAU, Amravati

Total No. of students : 20



N.S.S. Volunteers Participated in HIV/ AIDS Awareness Rally

**Guest Lecture: Awareness Program on Human Rights** 

To promote awareness among the students on Human Rights, Pratibha Women's Studies Centre

of the college organized a lecture by Mr. Manish Khandpasole, Member DISHA group.

Amravati in collaboration with DISHA.

Dr. V. R. Wankhade, Mrs.R. J. Gajbe, Dr. M. M.Kherde were the activity in-charge for the

programme. The lecture was arranged on 10<sup>th</sup> December 2015 at DISHA Centre, Amravati.

During the interaction, students gained knowledge of Human Rights. Participants gave

satisfactory remarks about the organization. Participants were delighted to know about the

information on human rights as they were not aware of detail of this right. 55 students

participated in the programme.

Caption : Guest Lecture : Awareness Program on Human Rights

Venue : DISHA Centre, Amravati

Date : 10<sup>th</sup> December 2015

Collaborating agency : PWSC, DISHA

Total No. of students : 55



Students posing for a group photo during Awareness program on Human Rights

#### **Guest Lecture on Education and Culture**

Pratibha Women's Studies Centre and DISHA group in collaboration organized guest lecture of Mr Pravin Khandpasole, Director DISHA Centre on 12.09.2015 at DISHA Centre, Amravati. The main object of the lecture was to make students aware of their rights of Education and to create—awareness in the society. Total 35 participants participated in the program. The lecture was quite motivating. The girls assured the guests to spread the light of education especially girls education for the betterment of society.

Caption : Guest Lecture on Education and Culture

Venue : DISHA Centre, Amravati

Date : 12.09.2015

Collaborating agency : PWSC, DISHA

Total No. of students : 35



Guest lecture on Education and Culture by Mr Pravin Khandpasole

#### **Guest Lecture on Women Rights**

Guest lecture on Women Rights was organized by Pratibha Women's Studies Centre of the college in collaboration with DISHA, Centre Amravati on 03/08/2015 from 3.00 p.m to 5.00 p.m at Recreation Hall of the centre. The resource person for the program was Ad. Jyoti Mhatre, Project Officer TATA Institute Mumbai. Activity In-charge was Dr. V. R. Wankhade, Director PWSC. There were total 52 numbers of participants benefitted by this event.

Caption : Guest Lecture on Women Rights

Venue : DISHA Centre, Amravati

Date : 03.08.2015

Collaborating agency : PWSC, DISHA

Total No. of students : 52



Guest Ad. Jyoti Mhatre, Project Officer Tata Institute Mumbai addressing the gathering

#### Survey in Slum Area at Chaprasi-pura, Adarsha Nehru Nagar and Sanjay Gandhi Nagar, Amravati

Pratibha Women's Studies Centre organized a Survey in Slum Area, at Chaprasipura, Adarsha Nehru Nagar and Sanjay Gandhi Nagar, Amravati from 12/08/2015 to 13/08/2015 at Chaprasi-pura, Amravati. The teachers involved in this activity were Dr. V. R. Wankhade, Mr. B.D. Bundele, Dr. M. M. Kherde, Dr. P. S. Yenkar and Prof. R. J. Gajbe.

The aim of these visits was to make the residents of that area aware of the basic hygiene and health issues in a daily life. Majority of people living in slum area are illiterate. They are ignorant about the knowledge of government policies and schemes. The Pratibha Women's Studies Centre of the college is actively involved in such awareness programmes, which provide the different types of information about the govt. policies and schemes. The centre regularly organizes such programs and continuously takes the follow up of the progress. Number of participants were 15.

Caption : Survey in Slum Area at Chaprasi-pura, Adarsha Nehru Nagar and Sanjay Gandhi Nagar, Amravati

Chaprasi-pura, Adarsha

Nehru Nagar and Sanjay Gandhi Nagar, Amravati

Date : 12/08/2015 to 13/08/ 2015

Collaborating agency : PWSC

**Total No. of students** : 15

participated

Venue



Blocked up Service Lane, Slum Area, Amravati being surveyed



Blocked up Service Lane, Slum Area, Amravati being surveyed

Distribution of School kits to Students on the occasion of Diwali celebration

To promote the economically backward students to education and support them to bring in the

streamline, Pratibha Women's Studies Centre in collaboration with DISHA, Amravati on

24/11/2015 organised a School Kit Distribution program in Teachers Colony, Amravati by the hands

of Dr Avinash Savaji, Director, Prayas, the renowned NGO of Amravati.

Students and children in that area were very happy because of this programme. Our college

students also had an experience of interacting with guests and could have the joy of sharing

things on the occasion of Diwali. They also learnt a lesson of social commitment. Total 70

participants were benefitted. This activity was carried out under the supervision of Dr. V. R.

Wankhade

Caption : Distribution of School kits to Students on the occasion of

**Diwali celebration** 

Venue : Teachers Colony, Amravati

Date : 24/11/2015

Collaborating agency : PWSC, DISHA

Total No. of students : 70



Glimpses of School Kit Distribution program

#### One Day Yoga Camp at Sawarkhed, Dist. Amravati

Under the scheme "AarogyaSadhana" Vidya Bharati Mahavidyalaya arranged Yoga classes at Hanuman Mandir, Sawarkhed on 18/04/2016. Resource Persons for the program was Dr. V. V. Parhate. The program was aimed to enable the student to have good health and to prepare the students to be physically and mentally strong by training them for different postures of yoga. 100 students and participants were benefitted from this activity.

Caption : One Day Yoga Camp at Sawarkhed, Dist. Amravati

Venue : Hanuman Mandir, Sawarkhed

Date : 18/04/2016

Collaborating agency : Hanuman Mandir, Sawarkhed

Total No. of students : 100



One Day Yoga Camp at Sawarkhed, Dist. Amravati

#### **Invitation Card**





#### **News Published**



नेक बेळा ताहारी तुर मानूर चौकारी

प्रदूषण्यातं चेतातः.

विधांच्या समझ

सावरखेड पिंगळाईत हनुमान जयंती व ग्रामजयंती साजरी

यालांहर / २६ एतिल

लेहेगान : दस्तर्पी प्रमाणे पाडी वर्षी सावस्त्रेष्ठ विगळाई सेवे हनुमान जयंतीनिमिस संगीतमय श्रीमद् भागवत सप्ताह विकिय सामाजिक धार्मिक व सास्कृतिक कार्यक्रमात उत्साहात पार पहले प्रामगालीयांनी मोट्या जल्लापात मिरवणूक काढून हनुमान जयंती नावरी केली.

सात दिवस चालनाऱ्या या उत्सवात दररोग ह, म.प. संतोप महाराज ठाकरे यांच्या वाणीत्म नागवताचे वाचन झाले सोवतच राजीच्या सत्रात सामाजिक कार्यक्रम घेण्यात आले. यात मजने, ग्रामगीता वाद्यन, भासह, हरिपाठ, सामुदायिक प्रार्थना, ग्रामगीता प्रवचन रामरावजी पोटखेरे अफोला यांनी करें, विनोद कळबाडे महाराष्ट्र राज्य महाबीज अवस्थापक वांनी गुणवत विधानवीचा सत्कार करून त्यांनी गुणवंत विद्याच्यांना बिह्नासे विलीत, महिला भेळावा घेऊन गायातील महिलाना सामाजिक, व्यसनमुक्तीयर प्रबोधन महिला बालकल्याण समापती सौ, प्रपाली विधे, जि.प. सदस्या सौ.

गावातून काढण्यात आलेल्या मिरवण्कीत सहभागी भाविक

विद्या तहें वानी महिलांना मोलाचे राष्ट्रीय कीर्तवकार ह.म.प. मार्गदर्शन केले. आरोग्य साधना, लक्ष्मणदास काळे पांच्या वाणीतून योगासन प्रात्यविकासह प्रा.हाँ. वंदमा पराते, मीमराम सांगीले असरावती, तसंच पढीमर बसा अशी मिरवणूक कादून गागात पोटमर इसा हा अस्सल वन्हाडी भत्तीमय बातावरण व दीतन्य निर्माण हास्यकविताचा बहारदार कार्यक्रम केले. यामध्ये सर्व गहिला, युगक गौतम गुडचे यांनी सादर केला. सहमागी जाले होते

आमगीतेवर कीर्तनाधा कार्यक्रम प्राला. उत्सवाधी सांगता गावात यथ

असल्याने न्याय सा सवास मृतहा माहे. अवैध आहा ससाया वार काची, या

मतहा यांनी यांना दिले आहे.

फिंमत ? ३५ लाख सपये ळत. १५ साख त्रगम अत्पादन व्यतीचे पाण्याचे व वर्षात तीन साइंडचा माल ये किमतीच्या ते. आपस्या कृत जिसनीचा एका वृक्षाची रुद्धगार, असा

**Tree Plantation & Rally** 

To celebrate the day of Van Mahotsav, NCC in collaboration with Holly cross Marathi school and 4-Mah Girls BN NCC organised tree plantation program on 16/09/2015 at Camp Area, Amravati. Activity In-charge was Capt. Dr. M. M. Rathore. The Aim of the activity was to guide students about importance of tree plantation in restoring the forests around the city to protect water supplies and beauty of surrounding. To improve air quality of surrounding area as tree continuously help in removing pollutants like CO<sub>2</sub>gas, dust particles from air. To contribute towards saving and increasing water level of underground water reservoirs as tree helps in percolation of rain water in soil. It also gave the message of to help nature in balancing the different ecosystem.

Caption : Tree Plantation & Rally

Venue : Camp Area, Amravati

Date : 16/09/2015

Collaborating agency : Holly cross Marathi school and 4-Mah Girls BN NCC

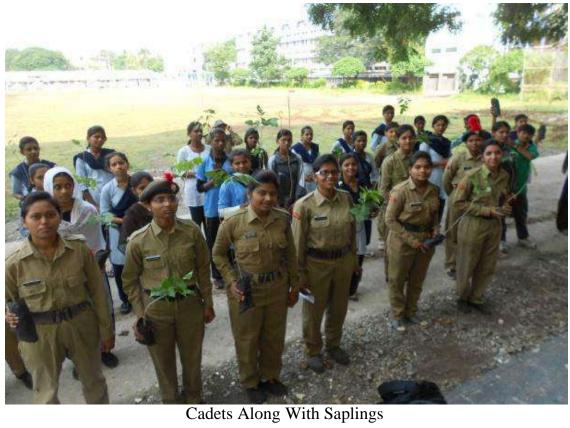
Total No. of students : 50



Dr. V. R. Deshmukh and Capt. M. M. Rathore talking on importance of Tree Plantation to the Cadets



Tree Plantation by Cadets



#### **News Published**

## THE - HITAVADA . 26 9 2015

## NCC cadets bat for environment protection

VALEDUS projects were implemented by National Codes (1 per malitate here Nuhrmbuleys and Holy Cross Manufer School po most the Harty Doors Line. incody The projetts were supremented for counting material shell owner-

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## हिंदुस्थान से ३२ सप्टेंबर २०९५ फोर महाराष्ट्र गर्ल्स बटालीयन तर्फे वृक्षारोपण

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Sahyog Prashikshan Shibir at Gadge Baba Samadhi Mandir, Amravati

To incubate yoga trainers Sahyog Prashikshan Shibir was organized by Vidya Bharati

Mahavidyalaya Amravati in Collaboration with Mahila Patanjali Yog Samiti, Amravati from

05/01/2016 to 30/01/2016 at Gadge Baba Samadhi Mandir Gadge Nagar, Amravati. It was

organized to spread the importance and benefits of meditation and yoga in students and train

them in performing different postures of yoga and their related benefits also to make them

confident for providing training to others in their friends and relatives.

The students could understand the importance of yoga in their daily routine. They learnt

different postures of yoga and their benefits.

Now many students started to conduct yoga & meditation classes at different parts of city.

Activity In-charge was Dr. V. V. Parhate and resource Persons were Mr. Shastri Wankhade,

Dr. M. M. Rathore and B.G.Sangole. Number of participants were 30 including students and

people in that area.

Caption : Sahyog Prashikshan Shibir at Gadge Baba Samadhi Mandir,

Amravati

Venue : Gadge Baba Samadhi Mandir Gadge Nagar, Amravati

Date : 05/01/2016 to 30/01/2016

Collaborating agency : Mahila Patanjali Yog Samiti, Amravati

**Total No. of students** 

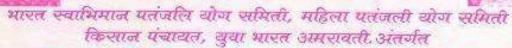
participated

30

गाव गाव में हो गया योग शुरू । अब भारत बनेगा विश्वगुरू ।।



करो योग रही निरोग



## सहयोग शिक्षक प्रशिक्षण शिबीर

५ जानेवारी पासुन ते ३० जानेवारी २०१६ - वेळ : सकाळी ५.३० ते ७.३० व संध्याकाळी ५ ते ७ -: स्थान :-

- संत गाडगे महाराज सभागृह, गाडगेनगर, अमरावती.
  - २) गुरुकूल व्यायामशाळा, सातुर्णा, अमरावती
- ३) सत्यसाई ग्रामिण संस्था, ग्रीन कॉलनी, दस्तुर नगर, अमरावती.

योगपुरू स्वामी रामदेवबाबा यांचे मार्गदर्शन व निर्देशानुसार अमरावती येथे सह योग शिक्षक प्रशिक्षण शिबीराचे दि. ५ जानेवारी ते ३० जानेवारी २०१६ पर्यंत आयोजन करण्यात आतेले आहे. २१ जुन दिश्व योग दिवस २०१५ ला आपण पहिला विश्वयोगदिवस साजरा केला त्यानंतर जगातील विवीध देश व भारतात विविध स्तरातुन योग शिक्षकांची मागणी होत आहे. (विविध राज्यातील योग शिक्षकांची मागणी या अनुषंगाने पतंजिल योगपीठ हरिद्वार अंतर्गत एवं आंतरराष्ट्रीय दर्जाचे २५० तासांचे प्रशिक्षण पुर्ण करून स्यांना एक सर्टिफिकेट देण्यात येणार आहे. या सह योग शिक्षक प्रशिक्षण शिबीरात योगिक जॉगिंग, सुर्यनमस्कार, दंड-बैठक, प्राणायम, योगासने, विविध रोगांवर आयुर्वेद उपचाराचे विविध माध्यमाद्वारे प्रशिक्षण दिले जाईल. तरी युवा वर्ग व योगप्रेमीना या सुवर्ण संधीचा लाभ घ्यावा असे आवाहन पतंजिल योगसमिती अमरावती व सहयोगी संघटना करीत आहेत.

- कार्यकारणी -

अशोकजी युंधडा (संरक्षक) -९४२३४९९५७५, शंकरराव सुने सर - ९४०५३०८६९५ कार्थक्रम आयोजन कार्यकारणी संपर्क

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Students performing sarvang as ana and Dr.V.V.Parhate demonstrating as nas

#### **News Publised**

परतु प्रत्यकात लागू हात माहा. मूल्य लट आयोगाकडे शेतकरी प्रतिनिधींच्या (प्रा

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## गाडेबाबा मंदिरात योग प्रशिक्षण शिबिर

अमरावती: संत गाडगेबाबा यांच्या ५९ व्या पुण्यतिथी महोत्सवाच्या निमित्ताने संत गाडगेबाबा समाधी मंदिर परिसरात १४ ते २१ डिसेंबरदरम्यान विशेष योगा शिबिर पार पडले. पतंजली परिवाराद्वारे हे शिबिर घेण्यात आले.

स्थानिक योगशिक्षक वंदना पराते, योगशिक्षक भीमराव सांगोले, युवा प्रभारी सुधीर आसटकर यांची उपस्थिती होती. या शिबिरात संत गाडगेबाबांच्या उपासकांना कल्पना शेटे, नरेंद्र गावंडे, सांगोले, आसटकर, सतीश झपाटे, योगेश राठी यांनी प्रशिक्षण दिले.

कार्यक्रमासाठी गाडगेबाबा समाधी मंदिर ट्रस्टचे अध्यक्ष बापूसाहेब देशमुख, व्यवस्थापक महात्मे, भरत रेळे, विठ्ठल वानखंडे, अर्जुन कानतोडे, पुष्पा उघडे, खापरे, बांगरे आदींनी प्रयत्न केलेत.

Pulse Polio Campaign at Police Head Quarter Hospital, Amravati

In accordance with the Government Pulse Polio Campaign, NCC team of the college

arranged for the pulse polio campaign in collaboration with 4-Mah Girls BN NCC Amravati.

The program was arranged on 29/01/2016 at Police Head Quarter Hospital. The Resource

Person for the program was NCC Officer and the Activity In-charge was Capt. Dr.M.M.

Rathore.

The aim of the program was to help government for hundred per cent coverage under Oral

Polio Vaccine, to immunize children through improved social mobilization. To make people

understand importance of polio vaccination that how just two drops can save the life of their

child. 64 cadets took part in the campaign.

Caption : Pulse Polio Campaign at Police Head Quarter Hospital,

Amravati

Venue : Police Head Quarter Hospital, Amravati

Date : 29/01/2016

Collaborating agency : 4-Mah Girls BN NCC Amravati

Total No. of students : 64



Capt. Dr M M. Rathore & Cadets Participating in Pulse Polio Campaign



Capt. Dr M M. Rathore & Cadets Participating in Pulse Polio Campaign



Capt. Dr M M. Rathore & Cadets Participating in Pulse Polio Campaign



Cadets are helping hospital staff in Pulse Polio Campaign at Police Head Quarter, Amravati

Yoga Shibir at Dnyanayi Warkari, Amravati

Social Outreach and Enabling Centre, Vidya Bharati Mahavidyalaya arranged 20 days Yoga

camp from 09/05/2016 to 29/05/2016 at, Dnyanai Warkari Bal-Sanskar Shibir, Amravati. The

Resource Persons for the camp was Dr.V.V.Parate and the Activity In-charge was

Dr.V.T.Tantarpale.

The aim of the program was to make people aware about their physical health and fitness. It also

taught how Yoga camp enriches everyone with the knowledge that yoga is the medicine for

nearly every problem. As we practice yoga, it does not only help us to improve our physical body

but also helps in maintaining our inner peace and relax our mind. Practice of yogaimproves

harmony in the physical, vital, mental, psychological and spiritual aspects of the human being.

Yoga Camp organized during 9<sup>th</sup> to 29<sup>th</sup> May, 2016 at Dnyanai Warkari Bal-Sanskar Shibir,

Amravati.

Caption : Yoga Shibir at Dnyanayi Warkari, Amravati

Venue : Dnyanayi Warkari, Amrayati

Date : 09/05/2016 to 29/05/2016

Collaborating agency : SOEC

Total No. of students : 83



Yog Sadhak doing Anulom-Vilom